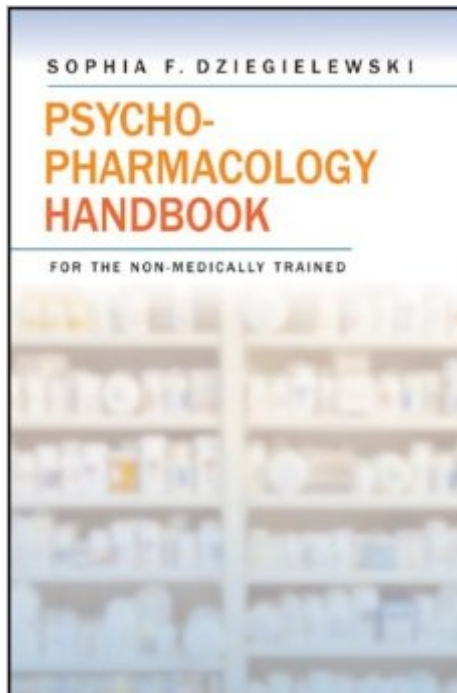


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# Psychopharmacology Handbook For The Non-Medically Trained



## Synopsis

In today's era of managed behavioral health care, mental health professionals are called upon to consult on medication treatment or recommend what medications would best serve as adjuncts to therapy. Medically trained or not, all mental health professionals need to know as much as possible about psychopharmacologic medications from dosage and side effects to drug-drug interactions and other special considerations in order to provide effective and accountable treatment. The first-ever handbook of its kind, *Psychopharmacology Handbook for the Non-Medically Trained* fills a noticeable gap in most student training programs by providing a reader-friendly and accessible overview of the role of drugs in mental health treatment. Emphasizing the importance of making medications available to consumers in conjunction with the most effective and efficient counseling interventions, Dziegielewska establishes the context for the therapeutic use of psychotropic drugs in the culture of today's mental health treatments, examines the danger of the "quick fix" mentality into which consumers and clinicians are tempted to fall, and then focuses on the medications themselves. One of the most prominent and authoritative social work academics today, Dziegielewska is an authority on the topic of psychopharmacology in social work practice. The recipient of numerous honors and awards for her teaching, the creator of a popular preparation course for social work licensure, and the author of over 95 publications, she is a source to which students and professionals turn for up-to-date, accurate information on a variety of topics in the social work field. *Psychopharmacology Handbook for the Non-Medically Trained* is an invaluable resource guide for all non-medically trained practitioners, providing therapists, social workers, and other counselors, with effective tools and critical information to help them become better informed about all courses of mental health treatment for their clients.

## Book Information

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## Customer Reviews

Anyone who suffers from anxiety and/or depression or has a loved one who suffers from mental illness will benefit from reading this book. The "Quick Tips" sections provides valuable information at a glance. Not only does this book educate the reader about medications, side effects and drug interactions, it discusses interventions, self-help techniques and current psychotherapies. This book may save someones life. I would recommend this book not only to my clients who are non-medically trained but, to any professional who deals with mental health issues. Deborah Morris, MSW LGSW  
Mental Health Therapist  
New River Health Association

All mental health providers must have knowledge about medications, as assignment of medications is no longer limited to psychiatry - and Psycho-Pharmacology Handbook is the reference of choice for any non-medically trained mental health provider who needs a clear and non-technical explanation for the latest medications. This is the first book which pairs an easily-understood discussion of the role of drugs in mental health to surveys of mental health treatment options, explaining how medications work within the mental health world, tolerance, addiction, and how to select and assign a regimen. Any college-level collection strong in mental health references must have this. Diane C. Donovan  
California Bookwatch

This is a very well researched, thorough, and comprehensive book about commonly used psychiatric drugs. It doesn't ramble and packs a lot of information into fewer than 300 pages. It seems to be a pretty much objective description of the characteristics of these drugs, though I get the impression that the author has a slight bias toward emphasizing the negative effects of these drugs rather than the positive. It is a very well written book that is impressive in the amount of information that it ties together in a concise manner, and it will be of interest to both the expert and the lay person, where both have an interest in psychopharmacology. Author of Adjust Your Brain: A Practical Theory for Maximizing Mental Health.

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